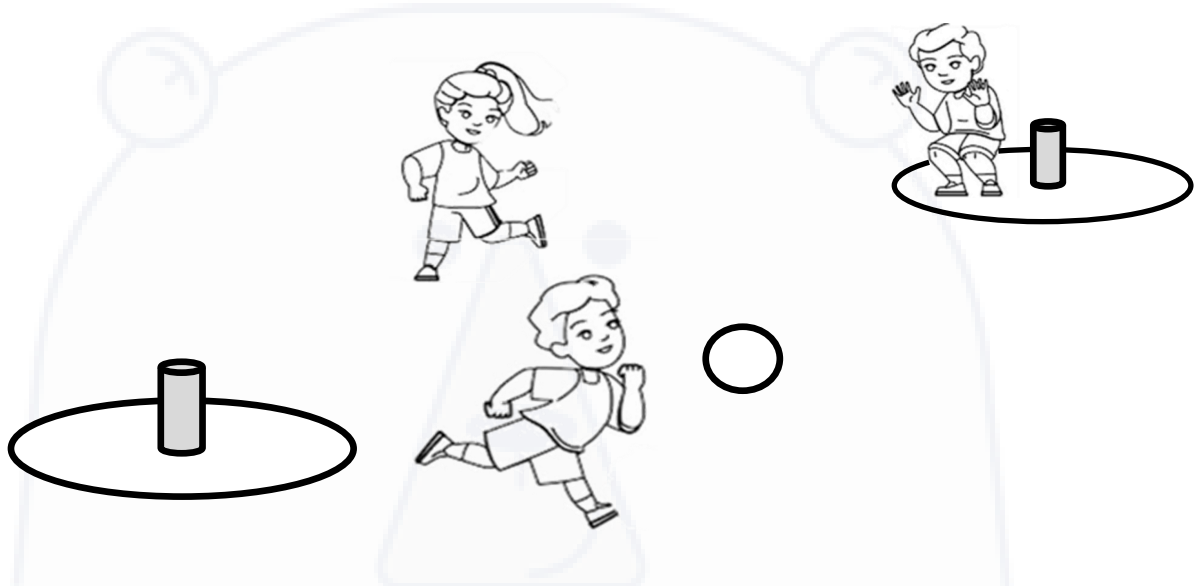


AQ26 - Arctic Activities

Penguins vs Polar Bears Group Game



This is a team game that can be played indoors or outside. It comprises of two team, the penguins and polar bears, attempting to knock over their opponents pole to score points.

You will need

A large soft ball, chalk or cones, 2 large tubes, cylinders or pipes

Set up

At either end of the playing ground, field or room, draw a chalk circle or mark out a circle using cones. Stand a tube, cylinder or pipe in the centre of the circle. These act as the North and South poles.

How to Play

The penguins defend the south pole, and the polar bears defend the north pole.

One player from each team is nominated to be the Pole Guard and is allowed to stand in their teams circle. Players attempt to knock over their opponents pole to score points.

Players can pass to other members of their team but cannot move with the ball.

Only one defending player can be immediately in front of the person with the ball and must stay at a distance of one arms length.

Players cannot touch another player or the ball while it's in another's possession.

Players cannot snatch or hit the ball out of another player's hands.

The ball is only allowed to be passed or shot at the pole by being bowled underarm