AQ26 - Arctic Activities

Dress like an Arctic Explorer

Thanks to modern textiles, clothing for polar exploration is much more advanced than what it was for explorers such as Shackleton, who had to rely on cotton, leather and animal skins.



Challenge Squirrels, Beavers, Cubs, Scouts and Explorers to bring in clothes from home that they can use to make a polar explorer fancy dress costume.

You can then test the outfits by performing a simple task such as tying a knot or folding a map.

For older ones, you could test their costumes by going outside for a short duration.

Discuss what challenges they had to overcome when wearing these types of clothing.

This activity can help to teach young people about planning what clothes they might need to bring to an activity day, camp or walk that is taking place in the winter.